



www.xploreclubs.com

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Xplore is a Chicago based Enrichment Company that develops and runs after school programs for elementary schools. Our dynamic programs embrace a global approach bringing to life various cultures, dances and art forms.

## Xplore Clubs for Winter 2014

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*Dance*

*Arts & Creations*

*Drama*

*Magic & Balloon Twisting*

*Legos*

*Book Clubs*

*Science & Engineering*

*Yoga Fun*

# Xplore Dance

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***Just Dance!***  
***Flamenco***  
***Mexican Traditional Dance***  
***Latin Dancing***  
***Polynesian Dance***  
***Bollywood***  
***Hip Hop***  
***Zumbatomic***  
***Line Dancing***  
***Dance Around the World***

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## **Just Dance!**

*Do you love the self-expressive freedom of dance? Do you want to xplore world rhythms and global grooves? Then join us in this cross-cultural celebration of music, dance & community. Students will learn specific routines derived from dance forms throughout the world for e.g they will mix hip hop dance moves with traditional folk dancing, ballet moves with classical steps and the result will be an eclectic colorful choreography with freedom of expression and movement. This a fun new way to move and groove!!!*

## **Flamenco**

*Flamenco is a very special art and culture that was born in the Andalucia region of Spain over 200 years ago. This class focuses on the style and technique of Spanish Flamenco, with students learning proper posture, vocabulary in Spanish, the arm and hand movements known as braceo, footwork technique and rhythms, palmas (hand-clapping), turns, traveling steps and choreographies suited to the students' age and ability. In 2010 UNESCO declared flamenco one of the Masterpieces of the Oral and Intangible Heritage of Humanity. Come join us for this rhythmic extravaganza!*

## Latin Dancing

*This class shares with you the joys of rhythms of Latin dances like Salsa, Merengue, and Bachata!*

*Students learn beginning technique and terminology, while still emphasizing creative expression as they learn the basics movements and techniques on an upbeat festive music. We keep this class fun and your child will learn individual choreography, as well as partner work. Students will eventually start working on routines for performances, after they have an understanding of the basic foundation.*

## Mexican Folkloric Dances

*Mexican folk dancing is one of the most eye-catching international dance forms around. With a stunning display of colors and upbeat musical accompaniment, folk dancing south of the border signifies a good time. Curriculum includes dance instruction with quick movements, footwork, and upper body technique.*

*This class covers the traditional Mexican hat dance La Raspa, Las Chiapanecas which is a dance from the Mexican state of Chiapas and El Cerro De La Silla from the state of Nuevo León (if time permits).*

## Bollywood Dance

*Bollywood dancing is a form of contemporary Indian dancing that combines the dance styles of classical Indian dance, belly dancing, jazz and modern dancing with a little bit of mystique and a lot of foot tapping music. Delicate hand movements combined with facial expressions are used to convey emotions in the song. Bollywood Dancing is known for its riot of color, frenzy of music and high energy. We have a full dressup and recital on the last day.*

## Hip Hop Dance

*It is said that groove is in the heart. Yet when it comes to the free-style rhythm of motion associated with Hip Hop dance – groove becomes freedom. Hip Hop dance is an electric combination of jazz, rock, tap, modern, African and Latin dance styles. Since its emergence from the New York break dance scene of the 1970s its popularity has soared. Not too surprising when you think of the sheer fun gained by adding your personality to any movement. Now that's a confidence builder cleverly wrapped in a fun-filled course. To share the excitement and learning, our participants will host a recital on the last day.*

## Fusion

We also offer two fusion programs

- Bollywood With Hip Hop
- Bollywood with Jazz

## Zumba for kids

***It's not a dance class, it's a Dance Party!***

*Zumbatomic is a specially designed Zumba dance program for children. By incorporating easy to learn routines with foot tapping, energetic music both boys and girls will find it to be super fun. Zumbatomic encourages healthy lifestyle choices that bolster fitness as a natural part of their lives through dance, music and exercise. Parents love Zumbatomic because it increases their children's focus, self-confidence and enhances coordination. Parents are invited in the last class to Zumba with the participants.*

## Dance Around the World

*Like a layering of textures and sounds that harmoniously blend together Dance Around The World is a celebration of cultures via movement. Flamenco, Indian, Latin, Hip-Hop and Hawaiian are among the dance forms to be explored. This global journey is designed to make rhythm fluid by teaching students the delicate and graceful movements that communicate the essence of each style. We also hope to strengthen social bonds, garner curiosity and just have some fun. Concluding with a vibrant performance of international dances, music and costumes fused together by fantastic choreography on our final day.*

# Xplore Art

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***Manga Art & Storytelling***  
***Roots & Shoots***  
***Art of Quilling***  
***Art around the World***  
***Craft around the World***  
***Handmade Gifts & Cards***

## **Manga Art & Storytelling**

*Hold your hats manga lovers! This is your chance to learn not only how to draw manga characters but to develop and write manga.*

*Manga is the Japanese word for cartoons. But that is a remarkably simple definition for an art form that has evolved into a multi-genre, cross-cultural art and social movement. This class not only teaches manga drawing techniques but also encourages students to use imagination to create characters and develop a story. Once their stories are written, students will then learn manga art to illustrate the story. In the process students develop artistic skills that translate to any kind of realistic drawing like proportions, hand to eye line weight, light and shadow, line and tone, perspective and foreshortening, hands, faces and body action.*

*Participants will bring home their finished story with complete manga illustration.*

## **Roots & Shoots**

*Let young crafters take inspiration from their natural surroundings. With a little imagination, flowers, leaves, twigs, vegetables and shells can be transformed into works of art. Projects include homemade terrariums, seashell koalas, driftwood sailboats, flower fairy house, leaf printing, vegetable stamp designs and many more.*

***Help reconnect children to nature through art....***

## Art of Quilling

*Paper Quilling is a beautiful and delicate craft that is created by curling, rolling and combing long strips of paper. Students will start by learning basic quilling techniques like making different types of scrolls, marques, teardrops etc. They will also investigate patterns and forms found in nature. We will then utilize our learning to make intricate greeting cards, picture frames, jewelry and so much more.*

*Doing quilling helps in developing fine motor skills, creativity, patience, and diligence. But most importantly, it's just another way to have fun..*

## Art Around the World

*Beyond lovely renditions of still lives and stunning oil on canvas masterpieces art can diverge into an array of different aspects. In our global journey we explore the significance and history of various art forms. A few of the fun projects we will do include:*

- Designing Tribal masks from Africa*
- Fastening Batik art from Indonesia*
- Plotting Beading from Egypt*
- Creating Aboriginal Dot art from Australia*
- Designing Amate Bark Paintings from Mexico*
- Constructing Aztec Warriors from South America*
- Crafting Matryoshka Nesting Dolls from Russia*
- Sculpting Molas Art from Panama*

## Craft around the World

*Teaching geography can be a daunting task. Yet when paired with crafts based on native traditions and cultures it becomes fun. Our global excursion includes stops in Australia to sculpt Didgeridoos and boomerangs, Japan to construct an Origami village with Bonsai and traditional shelters, sailing to China to design kites and lanterns, hitching a ride to England to fasten tussi mussies, boarding a plane to India to craft Diwali diyas then returning to America to make native American dream catchers and corn husk dolls.*

## Handmade Gifts & Cards

*Give your loved ones these amazing handmade gifts and cards.*

*This new class allows budding artists to channel their creativity using various mediums and materials. Participants are guided by imagination by crating gifts filled with self-expression that also hone fine motor skills. Bring home scented candles with your favorite fragrance for your room, or a colorful bath soaps for mom, or all natural lip balms for your girl friends or wool woven coasters for your aunt. Then foray into card design and assembly and you are all set for Passover or Easter or Holi.*

# Xplore Drama

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## **Books to life** **Story Writing and Enacting**

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### **Books to Life**

*“Life is a good book. The further you get into it, the more it begins to make sense”*

*Have you ever wished you could step into your favorite storybook? Do you wish you could meet your favorite literary characters? In this exploratory drama class, students will bring literature to life! Using guided drama and improvisation, as well as reading and creative writing, students will be lead through the process of creating their own play based on storybooks at their level, culminating in a performance for parents. Students will walk away as confident and capable readers, storytellers and performers!*

### **Story Writing and Enacting**

*“We live our lives and shape our identities through stories”*

*Stories have been an essential part of our human experience since prehistoric times, when they were told around fires and painted on cave walls, and drama is a great way to bring stories to life. What better story to re-enact than the one you have written yourself?*

*In this introductory drama class, students will write and perform their very own play. Guided through creative writing and improvisation games, students will work together to create a story built around a theme. The class will culminate with a performance of the students' self-written masterpiece for parents! By the end of the session, students will have what it takes to be confident tellers and performers of their own fantastical stories.*



# Xplore Magic

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*Magic Wonders Await*

## **Magic and Balloon Twisting**

*Make magic come alive and feed your child's curiosity through a collection of fascinating and mesmerizing tricks. This program teaches sleight of hand, disappearing coins, card, rope tricks, reading minds and much more.*

*This course also guides children through the techniques required to twist, pull and tie their way to stunning balloon creations. Such as dogs, butterflies, swords, and hats. Just imagine your little Houdini not only dazzling but amazing both family and friends.*

*Participants Receive: Take home magic tricks, all in class creations, plus a set of balloons with a pump to practice their new found skills*

# Xplore Lego

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## **Brick By Brick** **Brick Around the World**

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### **Brick By Brick**

*Let your imagination run wild with over 10,000 pieces of LEGO! Join Xplore Legos to build unique projects each week with Lego bricks and elements. Each week a new theme will be presented promoting creativity, teamwork, cooperation, patience, and problem solving skills.*

*Some examples of themes are:*

*Week 1: Lego African Safari Adventure will create Lego animals*

*Week 2: Lego Engineering Enthusiasts will build bridges and mazes*

*Week 3: Lego Construction Workers will build custom homes & buildings*

*Week 4: Lego Jewelers will create artistic Lego jewelry*

*Week 5: Lego Racers will build and race Lego racing cars*

*Week 6: Lego Explorers will build flags and skyscrapers from around the world*

*Week 7: Lego Astronauts will create rocket ships and space vehicles for extra terrestrial experience*

*Week 8: Lego Seismologist will create earthquake proof buildings*

*Week 9: Lego Olympians will recreate scenes from London Olympics*

### **Brick Around the World**

*Study and build replica for different building and structures from around the world like the Petronus towers in Malaysia, Pyramids of Egypt, World's tallest Roller coaster Kingda Ka, Mt Fuji in Japan etc.*

# Xplore Literary Clubs

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**Write! Click! Scrapbook  
American Girl Book and Craft  
School Newspaper Club**

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## **Write! Click! ScrapBook**

*A scrapbook is a place to collect anything you don't want to lose. So lets record a year of your life in pictures and stories, think of it as your creative journal. Write about travels, celebrations, special events, precious pets, family and friends. Discover creative ways to journal on scrapbook pages, decorate the front and inner pages by using different types of design elements. Each week will be new theme. Emphasis will be on creative writing, designing and storytelling.*

*Record your memories and enjoy them years later!!*

## **American Girl Craft and Book Club**

*Lets roll back times and dive into history...Lets visit pow-wow with Kaya, set sail with Caroline or celebrate a fiesta in New Mexico. Let us show you "all the places you will go" in the magical world of American Girl historical living books. These books not only teach us history but also values that go along.*

*The idea of this club is to combine hands on learning experience to the wonderful stories that go along with the time period, by doing this we hope to create an imprint that will last a lifetime. Each week we will study a new historical girl, create a craft based on that time period, host a book discussion and express idea and opinions.*

*Some examples of crafts are cornhusk dolls for Kaya week, tussle mussies for Felicity, cowry shell necklaces for Addy and masks for Marie Grace.*

## School Newspaper Club

*Literary Adventures Await – budding young writers need apply!!!*

*Crafting a story that catches the eye is the heart of journalism. This club helps budding reporters and editors grasp this rule by building a newspaper from the ground up. Club members will submit applications and interviewing for key positions which include feature writers, sports and general reporters, travel, advice columnists, editors, etc. Staff then brainstorms story ideas – in an open, collective environment – write, edit and layout the stories. Since creativity should not go unnoticed, be assured that copies “hot off the presses” will be distributed to the entire school to enjoy.*

# Xplore Science

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## **Space Odyssey Master Machines Imagination & Invention**

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### **Master Machines**

*“Scientists discover the world that exists, engineers create the world that never was”*

*This program brings in projects that enhance creative thinking and curiosity. Each week we take on a new project like building and testing a catapult, studying and engineering truss bridges, designing and testing helicopters, building and racing propeller cars, creating hydraulic machines and many more. Students will use their knowledge to solve problems and create & test products while discovering the underlying math and science principles involved in these processes. They will bring home their marvels of engineering every week.*

### **Space Oddysey**

*“The faculty of art is to change events; the faculty of science is to foresee them. The phenomena with which we deal are controlled by art; they are predicted by science”*

*This program brings art and science together to experience the awe and wonder of space and astronomy. Each week students explore cool activities, interesting facts, challenging quizzes and fun projects like designing and making a working model of sun, moon and Earth’s rotation, diorama of surface of moon and alien landscape, rocket designing, alien snowglobes and jetpacks. Students bring home their projects and learning.*

## Imagination & Invention

*Did you know that the popsicle, ear muffs AND the trampoline were invented by kids? Kids are natural innovators. Budding inventors and scientists join us in this science-based toy club to create science inspired toys and conducting experiments that excite young minds.*

*Projects will include: Constructing paper mache planes powered by balloon, designing lava lamps, designing sandpaper printed t-shirts, bouncing polymer ball, creating magical disappearing coin boxes, crafting periscope.*

## Xplore Fitness

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***Yoga for life***

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### Yoga Fun

*This class class combines Yoga with fun because we believe that when we have fun, we step out of ourselves; out of our worries and our usual thought patterns. So having fun is a kind of meditation, and a well needed one.*

*Our Yoga fun class has innovative and creative themes each week to make their practice enjoyable and memorable.*

*Some examples of themes are :*

***Yoga Around the globe*** – *We make the airplane pose to travel to different parts of the world then if we stop in Egypt we learn the camel and the pyramid pose or the mountain pose for Himalayas.*

***Magical Animal Sack*** – *use yoga magic to turn the kids into the animals that they pull out of the sack like the eagle, camel, downward dog and many more.*

***Storybook yoga*** – *we are fascinated by stories, here we use the medium of fun stories to lead students into yoga posture based on the story.*